



REGISTER NOW!!!



Nutrition Training Institute

Missouri Department of Health and Senior Services, Bureau of WIC and Nutrition Services
presents a LIVE training

Maximizing Nutrition during the WIC Lifecycle

with speaker

Jennifer Bean, MS, RD, LD

Learning Objectives

- ♥ Describe how changes in anatomy, physiology and body composition affect nutrient needs during:
 - ☞ Infancy
 - ☞ Early Childhood
 - ☞ Pregnancy
- ♥ Recognize areas, for each of these stages, where population-based nutrient intake is inappropriate compared to estimated nutrient need.
- ♥ Illustrate a food intake pattern that would accommodate appropriate nutrient intake for each of those life stages.

Audience

All professional staff, WIC nurses, nutritionists, and RDs are encouraged to attend.



Trainings from 8:30am to 4:00pm

- July 19th — Springfield at The Library Center
- July 20th — Berkeley at the St. Louis County Department of Public Health
- July 21st — Independence at the Northwestern District Health Office

Accreditation

- ♥ The Commission on Dietetic Registration (CDR), the credentialing agency for the Academy of Nutrition and Dietetics has approved this program for 6 CPEs for Registered Dietitians and Dietetic Technicians, Registered.
- ♥ Missouri WIC is qualifying this for 6 hours of Continuing Nutrition Education for WIC staff.

Please visit the WIC Training Portal at
[http://health.mo.gov/living/families/wic/wictraining/
maximizing-nutrition-during-the-wic-lifecycle.php](http://health.mo.gov/living/families/wic/wictraining/maximizing-nutrition-during-the-wic-lifecycle.php) for
registration.

If you have questions, please contact Michele Bailey at
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